

**Dementia Action Plan**

- Once approved by the HWBB the lead officer for each action will develop a more thorough plan for delivery.
- Funds for activities, outside of current work programmes and contracts, are being considered for funding as part of the BCF.

Recommendation	Proposed actions	Partner lead/officer lead	Timeline	People who need to be involved
<b>Personalisation and market development</b>				
Enabling people with dementia to stay in their own home rather than automatically placing them into a care home where the cost is the same.	As part of the boroughs personalisation and market development work – to review the inclusion of dementia	Mark Tyson (Integration and Commissioning, LBBD)	November 2014 for position (ongoing work)	Tudur Williams (Social Care, LBBD)  Helen Oliver (Care City - Economic Regeneration Development Centre)
Review support offer for people who do not meet the critical or substantial need threshold to ensure that a wide range of signposting and options are being provided				
Conduct further work to see how personal budgets can be promoted and taken up amongst people with dementia and their carers.				

<b>Support for carers</b>				
Offer a range of more appropriate respite and support options for people with dementia (including early onset) and their carers exploring non traditional models and approaches, better use of Extra Care, reducing barriers, voluntary input and new funding streams.	To be included in the development of the new Joint Carer's Strategy recommendations – building on key messages to date re carers and dementia from consultation phase on carers work and informing key service and support requirements for the coming financial year.	David Millen (LBBDD)	October 2015	Carer's Strategy Steering Group (which includes Carer's of Barking and Dagenham)  Alzheimer's Society (Carer Information and Support Programme)
<b>Diagnosis and assessment</b>				
Implementing the Dementia Friendly Communities programme (Alzheimer's Society Guidance) which includes 10 key areas such as challenging stigma, access to services, asset and community based solutions. This may also include the setup of an Alzheimer's Café.  This would involve liaising with the existing voluntary and	Dementia Friendly month promotional activity  Dementia Friendly task and finish group to meet to review the Alzheimer's Society Guidance to ensure that this links and underpins what we do locally.	Zoë Garbett (Public Health, London Borough of Barking and Dagenham, LBBDD)	PHE campaign completed May 2014  Task and Finish Group to meet by December 2015 with recommendations in January 2015 with a six month action plan.	(As a project group)  Alzheimer's Society  North East London NHS Foundation Trust (NELFT) Memory Service  Monica Needs (Integration and Commissioning, LBBDD)  Lorraine Goldberg (Carer's of Barking and Dagenham)

<p>community sector and memory service to see what is already in place and what additional needs to be put in place.</p>				<p>North East London Local Pharmaceutical Committee representative</p> <p>Council for Voluntary Services representative</p> <p>Patient Engagement Forum</p> <p>Ellen Doran (Public Health Communications Officer, LBBDD)</p>
<p>Using the information presented in the report, outline a dementia pathway in a format that can be utilised by professionals, carers and residents. High quality information materials could be produced including generic and specific/targeted advice as well as a rolling programme of campaigns. Promotion work needs to build on</p>	<p>Develop map of current services including community and voluntary services Test current map with clinicians and service users to agree map and identify issues.</p> <p>Use map to promote awareness with clinicians and wider community. Review primary care role in dementia pathway in light of parity of esteem and link with physical health.</p>	<p>Gemma Hughes/ Sarah D'Souza (Clinical Commissioning Group, CCG)</p>	<p>Initial service map development October 2014</p> <p>Complete changes to map by March 2015</p>	<p>Monga Mafu (Clinical Commissioning )</p> <p>Dr Kumar (CCG clinical lead)</p> <p>Barking Havering Redbridge University Hospitals NHS Trust representative</p> <p>North East London Foundation Trust representative -</p>

the good work of the Memory Service's (Memory Matters Roadshows) and the Alzheimer's Society.				Memory Service as part of the Memory Services National Accreditation Programme (MSNAP) review
	Map availability of service user information – building on work by Alzheimer Society locally to date. This will inform development of pathway and development of further information/promotional materials.	Alzheimer's Society	October 2014	Alzheimer's Society
<p>Review GP contact with older people</p> <ul style="list-style-type: none"> <li>• Pursue contact where this is absent or refused</li> <li>• Target and engage at risk, isolated older people</li> <li>• Considering risk factors and other 'triggers' for making contact such as building triggers into GP record systems</li> </ul>	Develop locality based dementia improvement plan building on Integrated Case Management process and current risk profiling, linking to mental health social workers and link workers resource and using the unplanned admissions enhanced service to support implementation.	Gemma Hughes/ Sarah D'Souza (CCG)	<p>Develop plan October 2014</p> <p>Implement changes from January 2015</p>	<p>Mental health outside hospital BCF project group: Dr Kumar (CCG clinical lead)</p> <p>Monga Mafu (CCG)</p> <p>North East London NHS Foundation Trust (NELFT)</p> <p>Tudur Williams (LBBD Social Care)</p>
<p>Address under recording of dementia in primary care –</p> <ul style="list-style-type: none"> <li>• Awareness raising across all</li> </ul>	Undertake programme of Dementia awareness raising for GPs to include review of current dementia diagnosis rates, GP engagement and awareness raising at Protected Time sessions (PTI).	Gemma Hughes/ Sarah D'Souza (CCG)	<p>Data validation – September 2014</p> <p>Training and development plan</p>	<p>Dr Kanika Rai (Clinical Champion)</p> <p>Dr Kumar (Clinical Lead MH)</p>

<p>GP practices to standardise care</p> <ul style="list-style-type: none"> <li>Addressing how dementia is recorded</li> </ul>	<p>Resolve data validation between Primary and Community services around dementia diagnosis to increase number of people identified in primary care with dementia.</p>		<p>October 2014</p> <p>Implementation of plan complete March 2015</p>	<p>Ross Kenny (Public Health, LBBB)</p> <p>Monga Mafu (CCG)</p>
<p><b>Early stages of dementia</b></p>				
<p>Ensure that decisions and advanced planning related to end of life care are raised with dementia patients by the appropriate range of professionals and agencies</p>	<p>Build dementia specific elements into the advanced care planning in end of life care programmes/work stream</p> <p>Incorporate dementia specific discussion into end of life care (EOLC) engagement meetings (Dying Matters) with professionals. That this informs the EoLC action plan to be considered by the HWBB in October 2014</p> <p>Link the outcome of above work to service mapping and promotional material development above.</p>	<p>Gemma Hughes/ Sarah D'Souza (CCG)</p>	<p>EOLC Engagement events – August 2014</p> <p>Subject to agreement by the HWBB to implement the actions within the EoLC action plan with timescales applied</p>	<p>David Millen (LBBB)</p> <p>Ruth Crossley - End of Life care facilitator (NELFT)</p> <p>Alzheimer's Society</p>
<p><b>Middle and later stages of dementia</b></p>				
<p>In residential homes consider:</p> <ul style="list-style-type: none"> <li>Family carer assisted handover scheme to support the transition into care homes.</li> <li>Increasing one-to-one support in care homes to avoid unnecessary hospital admissions.</li> </ul>	<p>Commissioners to incorporate into contractual mechanisms for residential homes.</p> <p>Review best practice and share across all residential care homes.</p> <p>Undertake review looking at costs and benefits implications for patients of 1:1 support in care homes particularly in light of other arrangements in place to address unplanned admissions from care homes.</p>	<p>Mark Tyson (Integration and Commissioning, LBBB)</p>	<p>Plan – October 2015</p> <p>Implementation complete – March 2016</p>	<p>Monga Mafu (CCG)</p> <p>Alzheimer's Society</p>

<ul style="list-style-type: none"> <li>Increasing rehabilitation so that people leaving hospitals avoid being placed in residential or nursing homes earlier than necessary.</li> <li>Provision of residential facilities for younger people with dementia which can be specialist, age appropriate and centres of excellence.</li> <li>Increase levels of stimulations and activities for residents</li> </ul>	<p>Link with EoLC action plan and proposals to incentivise improved support to at risk groups This has financial implications and will need to be subject to business case process.</p> <p>Review and improve the raft of services in place to support effective discharge to ensure these cater effectively for people with dementia – including intermediate care services, targeted support packages and Joint Assessment Discharge (JAD) review training and development and required service performance outcomes</p> <p>Review current offer and market for younger people with dementia such as personal budgets and other service arrangements</p>			
<b>Living well with dementia</b>				
<p>Making life history and reminiscence techniques core skills, continue the roll out of 'This Is Me'.</p>	<p>Review training offer for all professionals working with people with a diagnosis of dementia with a particular focus on residential care homes.</p> <p>Consider any contractual mechanisms needed to ensure effective implementation in provider services.</p> <p>Review market offer for life history and reminiscence groups.</p>	<p>Mark Tyson (Integration and Commissioning)</p>	<p>Training offer developed from – January 2015</p> <p>Implementation – June 2015</p>	<p>Helen Oliver (Care City)</p>

<p>Consider how activities and daytrips, particularly those linked to music and arts, can be boosted in the borough by working with a range of partners.</p>	<p>Review market offer and accessibility for people with dementia.</p> <p>Use Older People's Week as an engagement opportunity.</p>	<p>Mark Tyson (Integration and Commissioning)</p>	<p>June 2015</p>	<p>Zoë Garbett (Public Health, LBBB)</p> <p>Monica Needs (Integration and Commissioning, LBBB)</p> <p>Voluntary sector providers (Carer's of Barking and Dagenham, Alzheimer's Society)</p>
<p><b>Skills and capacity</b></p>				
<p>Review training and skills programmes in different settings especially -</p> <ul style="list-style-type: none"> <li>• Up-skilling frontline staff to reduce reliance on specialist services to ensure that mainstream services have the skills and capacity to identify and care for people with dementia</li> <li>• Settings with high staff turnover, monitor how quickly new staff are trained</li> </ul>	<p>Commissioner - Ensuring best practice is reflected in contracts and monitored (KPIs)</p> <p>Work with all providers to understand and ensure reduction in antipsychotic medication – currently a KPI for NELFT but further work needed to understand prescribing in homes and other care settings</p> <p>Providers Providers to review staff induction and training, improvement plan in NELFT and BHRUT focussing on induction, training and refreshers.</p> <p>Providers to undertake training needs</p>	<p>Gemma Hughes/ Sarah D'Souza (CCG)</p>	<p>September 2014 –March 2015 and September 2015 – March 2016 (commissioning and contract negotiations)</p> <p>Providers – January 2015 (end of quarter 3)</p>	<p>Mark Tyson (Integration and Commissioning)</p> <p>NELFT</p> <p>BHRUT</p> <p>Residential Care Homes</p> <p>Helen Oliver (Care City - Education and Skills Escalator and Frailty Academy)</p> <p>Alzheimer's Society (Awareness raising</p>

and how frequently refresher courses are completed	assessment			sessions and training offer)
<p>Consider increasing the capacity of –</p> <ul style="list-style-type: none"> <li>• Hospital specialist dementia liaison teams to ensure they can consistently attend to cases which may be deemed low risk.</li> <li>• Admiral Nurses.</li> <li>• Memory service; to allow an increase in its training and public awareness raising work.</li> </ul>	<p>Business cases to be developed by providers including cost and benefit analysis.</p> <p>Planning for new patterns of demand.</p>	Gemma Hughes/ Sarah D'Souza (CCG)	<p>Business cases by November 2014</p> <p>Commissioning position January 2015</p>	<p>Barking Havering Redbridge University Hospitals NHS Trust</p> <p>North East London NHS Foundation Trust (NELFT)</p> <p>Memory Service as part of the Memory Services National Accreditation Programme (MSNAP) review</p>
<b>Integration and joined-up working</b>				
Factor voluntary and community sector organisations into the integration agenda as a number of organisations play a key role in service provision in this area.	Included in other actions	N/A	N/A	N/A
Consider crisis/rapid response service.	Community Treatment Team already in place – review management of dementia within this service and further steps required	Gemma Hughes/ Sarah D'Souza (CCG)	September 2014 for position	Integrated Care Operational Group